

**Name:**        **Cimpoi**  
**Origin:**     **Romania**

**Source:**        **Recreational Folk Dancing**

Introduced by Mihai David

Line Dance, short lines preferable, arms start in W-Position. Meter 6/8 counted as 1 & 2 & where 1 and 3 are two beats while the &s are 1 beat. Can also be counted as S Q S Q.

Dance starts after cimpoi (bagpipe) stops its long sustained note.

### **Description:**

Count    Step

Part I

- &        Hop on L foot, lifting left leg, knee bent
- 1-2&    Step on R foot, Step on L foot in front of R foot, Step on R foot in place, Hop on R foot. Arms go down and swing back and forward
- 3-4&    Repeat measure 1 with opposite footwork
- 5-6&    Arms go to W-position. Leap onto R foot, lifting left leg in front with knee bent, lift and drop R heel while circling L leg around to back of R leg, hop on R foot
- 7-8&    Step on L foot behind R foot, Step back on R foot, Step on L foot in place, Hop on L foot
- 9-10&   Cross R foot in front of L foot, step on L foot to L, cross R foot behind L foot, step on L foot to L
- 11-     Repeat counts 9-10 three times. On final &, hop on R foot
- 16&
- 17-     Repeat measures 1-8 with opposite footwork and in opposite
- 32&     direction
- 33-     Repeat counts 1-8&

40&

Part II

- 1-2 Step on R foot slightly forward and in front of L foot, Step on L foot in place, Step on R foot in place
- 3-4 Repeat counts 1-2 with opposite footwork
- 5-6 Step on R foot slightly forward and in front of L foot (5), Step on L foot slightly forward and in front of R foot (6)
- 7-8 Repeat counts 5-6
- 9-10& Lift R leg in front with knee bent and pump R foot down (9), Lift and pump R foot again (10), hop on L foot (7)
- 11-12 Step on R foot to R, step on L foot in front of R foot, step on R foot in place. Arms go down and up
- 13- Repeat counts 9-12 with opposite footwork
- 16&
- 17- Repeat Part 1, counts 1-8. On count 12, turn so that L  
24& shoulders face out
- 25-30 Repeat measures 9-14 of Part I with the grapevine heading out
- 31- Step on R foot in front of L foot, step on L foot to L, stamp  
32& R foot and turn to face center, hop on L foot